



**With the simplest of adjustments,
your daily working life can be a
comfortable and productive one.**

Ergonomics: What Is It?

Simply stated, ergonomics involves fitting the task to the worker.

An effective ergonomics program in the workplace benefits the worker by:

- increasing comfort and job satisfaction
- improving productivity and morale

An ergonomics program benefits the employer by:

- improving injury prevention
- promoting early returns to work
- reducing absenteeism
- decreasing costs

How Can McCrum's Help?

Our *McCrum's at Work* accessory area allows our knowledgeable sales teams to provide you with guidance in the area of workspace accessories in a dedicated space. This allows you to experience a hands-on viewing of products, see practical applications and emerging planning trends, and demonstrate ergonomic features. As part of Calgary's largest office furniture showroom *McCrum's at Work* showcases a wide array of products designed to help reduce stress, improve your comfort and efficiency and get you back to business.



McCrum's Office Furnishings
5310 – 1 Street SW
Calgary, AB T2H 0C8

403.259.4939
www.mccrums.com

